

## Fall Harvest Seminar Examples

Fall Harvest Convention  
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This Is A Sampling Of Seminars Offered By .....

### "Be-All" In Chicago And "Southern Comfort" In Atlanta

These Are Only Posted To Provide An Example Of The Seminar Criteria That Fall Harvest Would Like To Provide To Our Attendees!

Please Structure Your Seminars, Workshops And Presentations Accordingly!

You're Welcome Here!

God created all humanity. None of us are more or less loved by God. God created us all. We are each a unique gift to the world. Some parts of the world, society, parts of the church try to set up walls and proclaim understanding of God's acceptance. God continues to speak through the love of people today just as God spoke through the love and compassion of a man shunned by many long ago, Jesus of Nazareth, say Come to me, all who are hungry or thirsty. You are welcome here.

Let Your Feminine Radiance Shine

Healthy skin is the single greatest factor to increasing an attractive feminine appearance. Yet, sadly it is the most neglected beauty regimen in the transgender community. From one of the most passionate experts in our community, learn how you can achieve beautiful and radiant skin with: the essentials of good skin care, the importance of knowing your skin physiology, protecting your skin from environmental. You deserve to look and feel your best!

Face Contouring: Non-Surgical Facelift and Post-Surgical FFS Recovery

Learn about the latest technological advances in non-invasive face therapies that can erase years and stress from your face, eyes and neck. Learn how these technologies will help you heal faster and better after facial feminization surgery. A live treatment demonstration will be featured in the workshop. It will conclude with learning several effective daily facelift massage techniques to achieve a firmer and more toned appearance.

Multi Needle Electrolgy

Will discusses the advantages of multi needle galvanic electrolysis for sensitive areas. This physician recommended method offers permanency and comfort. One client stated "I cannot thank you enough for your introduction to the multi needle process. It is so gentle yet so efficient. I would highly recommend this process for those 'tender areas' so many of us have.

Crossdressing and the Reward System of the Brain

Much has been learned in the past 50 years about the so-called pleasure systems of the brain. Once the neurological foundations of reward and pleasure were demonstrated in animal studies, addiction theorists argued that harmful addictions might have their basis in these brain mechanisms. Cross dressing is not seen as a harmful addiction. However, it is usually described as producing pleasure and being a rewarding activity. Therefore, theories to explain this behavior may wish to consider the reward systems of the brain.

Transgender Spirituality

Being transgender is usually seen as a psychological problem or a medical phenomena. The scientific medical explanation is grounded in the assumption of the binary as an immutable fact. I think this scientific model is too simplistic and limited. I will argue in this paper to be transgender is primarily a spiritual awakening and what needs to be "treated" is not the head/mind but what needs to be understood is the heart/spirit.

Can we survive this? How couples can better handle one partner's transition

When you or your wife/husband, girlfriend/boyfriend, partner/lover transitions, your relationship goes through a transition as well. Some of the time we can feel like we're sitting ducks instead of knowing how to work our way through the emotional minefield that this puts us in. This seminar will focus on couples who were together before one partner decided to transition and whether you're committed to staying together, or know you'll have to part, this workshop should give you better insight into how to be successful. Designed for couples in particular, singles are.

Where do I go from here? Navigating Dating, Intimacy & Sexuality

Whether you're in the middle of transitioning or feel like you've finished all that and are trying to figure where to go from here, this seminar will provide a forum to discuss the issues around intimacy, sexuality and fears about putting yourself out there. This seminar will focus on the personal issues you face transitioning and helping you to find and keep the intimate relationships you desire.

A More Comfortable Closet

An existential/humanistic perspective for spouses/SO's and/or their crossdresser - transgendered partners on dealing with various emotions such as frustration, despair, anger, trust, fear, and other issues related to living a closeted/dual life.

Facial Feminization

A discussion about facial feminization surgery based on anatomical differences between male and female skulls. There will also be discussions about soft tissue differences between male and female face. Photographic examples will be shown of these differences, before and after pictures of surgical results. A clinic after this presentation would be nice and private consultations for those who desire one.

"Voices" Workshop

This workshop recognizes and encourages the unique voices and perspectives of transgendered people through our poetry and short stories. Participants are invited to bring and read their own poetry or short prose, and the workshop will offer further opportunities to develop our written voice. Writing skills are irrelevant; sharing your voice and listening to others is the only prerequisite.

Gender Reassignment Surgery

Techniques for GRS surgery and ancillary procedures.

Male to Female Hormone Therapy

A seminar on the true to life application of feminizing hormone therapy. What to expect, what not to expect. The effects of combining hormone therapies. The possible tragedies of non medically supervised therapies.

### Coming Out to Friends and Family: It's Not About You

Coming out to your friends, family and co-workers probably seems like the hardest thing you'll ever do. Whether it is or isn't, there are strategies and tactics you can employ to maximize your chances of acceptance. Using professional marketing communications as a basis, Why and how to focus on others, instead of yourself, while telling your story.

### Face and Body Feminization

A seminar to discuss 21st century state of the art techniques for face and body feminization. Slides will be used to demonstrate preoperative and postoperative results and principles. A videotape presentation will be made of the Endoscopic Biplaner Forehead technique that in one step raises the eyebrows, corrects all brow bone bossing, reduces forehead height, advances the scalp, fat grafts the temporal hollowing and preserves the sensation to the scalp.

### Growth Hormones: A Developmental Perspective Of Gender Transition

An interactive seminar exploring the milestones of the gender transitioning individual. Issues of exploration and experimentation; self-doubt and self-efficacy; relational difficulties and negotiations; and the steps required to change one's sense of Self. Learn strategies for helping significant others cope with your changes. Good fences make good neighbors: Learning the art of healthy boundaries. Become empowered, decided what goes with you and what is left behind.

### Crossdressing - How It Affects Your Relationship with Your Partner

This workshop is designed for those in relationships where Crossdressing is an aspect of either your life or your partner's. Come to this workshop as a couple or alone and talk with others about how cross-dressing and gender identity affects intimacy, sex/sexuality and your relationship, both negatively and positively, and how to manage the feelings around it.

### How Important is Passing?

How do you define passing? Why is passability often a big deal? Passing is surely more than simply not being noticed. More likely, it is one of the important processes in the formation of a feminine gender identity. Surprisingly, only about 70% of those studied in large surveys of crossdressers ever go out in public, and just a small fraction of those say they eat in restaurants or shop as women.

### Harry Benjamin and the Transgender Revolution

Where would Transgender people be today without the pioneering work of Benjamin. Fifty years ago, many physicians and mental health professionals turned their backs on transgender persons, Benjamin persuaded others within the medical profession to open their hearts and minds in responding to the needs of the transgender. This was at a time when transgender people were usually denied medical assistance. Today, are you ready to move on without the medical model?

### Voice Surgery

Present and compare surgeries to alter the voice. Concentrate on Feminization Laryngoplasty (FemLar), the procedure he has been developing for the past 3 years. Drawing on ideas from other surgeons and examining many M to F transgender patients have inspired innovations in the FemLar procedure. The synthesis of these ideas has been producing a more feminine voice in the genetic male than previous surgeries.

### Outrageous Eyes

Learn what YOUR eye shape is and how to enhance your eyes through color, placement of color and contour (hand out to take home with you). Which is the best eyeliner, pencil, liquid or eye shadow? LEARN WHAT THE HOTTEST LOOK OF TODAY IS. How can I create that look with MY eyes. Please bring paper and pencil/pen to take notes

### Exploring Career/Employment Opportunities as an Authentic Transgender Person!

An interactive workshop to explore challenges and opportunities in being successful in your current job and negotiating an employment search as a Transgender person. Topics addressed : assessing my skills, a compelling resume, searching for LGBT inclusive companies, physical presentation to peers, supervisors, and prospective employers, needing a coach/mentor assistance. Activities will assist in truly understanding and creating a successful plan for your journey.

### From Federal Courts to City Hall: Legal Protections for Transgender Employees

Provide an overview of expanding workplace protections for transgender employees in the legislature and the courts. Eight states explicitly prohibit workplace discrimination on the basis of gender identity. In other states some courts are recognizing bans on workplace sex discrimination to protect transgender employees. The federal Employment Non-Discrimination Act, is trans-inclusive and is scheduled for introduction in Congress.

### I Think We're Alone Now

The gender is right, but now what? What about your sexuality? What about feeling confident with your own body? What about staying healthy and sexy? This high-energy, frank and affirming seminar on healthy sexuality and physical intimacy is for all - transwomen, transmen, pre-ops, post-ops, couples - hetero and same sex, singles, heterosexuals, queer and questioning. It's what you would have learned in adolescence had your true self been there.

### The Art of Make Up, - Mary Kay Cosmetics -

Learn easy to apply looks from our Color 101 collections or create your own. Take a daytime look into a dramatic night time face. . Learn how to minimize flaws, and create a natural look without the need for heavy foundation. Experience how a smooth, clean face allows you to get a closer shave and makes your foundation a snap to apply. I have hundreds of samples to try.

### Sex, Intimacy, and Developing a Post Operative Relationship

Can you orgasm after the surgery? How can you tell? How sensitive are you? Are we lesbians or what? Does it matter? On the other hand, the heterosexual relationship between him and her is presented by the other couple appearing to general society as a "normal relationship", but how normal is it really?

### Reinventing Your Self From the Inside Out

To find ourselves, we often have to do just the opposite. We have to quit looking. Gender transition is a time of great self-analysis and thinking. In our quest to find our selves, we often lose a great deal of self-awareness. This is really the opposite of what we need to do. Our decision to transition, or not, is the most strenuous decision we will ever make. To make it with consciousness and from a sense of well being, we have to learn to be still. At that point, our desires become clearer and we just know what is right for us. When our desires then are clear, we can reinvent ourselves with love and with joyful deliberation. Our whole life, attitude, behavior and actions can then shift and quickly, because we break our addictions to stagnation and become free spirits

### Controversies & Conventions in M2F & F2M Treatment; A Rational Approach, Finally

Can the transgender patient continue to have erections, orgasms and even semen production during hormone therapy if she so desires? Must she be seen by a psychologist or not necessarily, prior to the start of hormone therapy? Must her transition be total and follow some arbitrary timetable, or can she stop part way? Are some TG patients sex addicts? What is the vanishing vagina? What are the special, generally ignored complications of F2M hormone therapy and is F2M just a mirror of M2F or radically different?

### Sexuality & Health care in the Transgender Communities

A presentation which will cover sexuality / HPV HIV / Hep C, in the transgender community.

### REAL WORLD 101: A Look at the Harsh Realities That Face Trans People Today.(Q&A)

I feel that some of the less heard ugly parts of being trans need to be brought into the light of day for those contemplating transition, or just beginning. Such as realistic thinking and decision making when it comes to a myriad of issues. I feel that these are some of the issues that should be addressed: Employment= must be able to support ones self! Housing= where will I be able to live without fear and affordably while transitioning? Transitioning while on the job: can be very difficult (depending on many factors) Some do's and don'ts from experience:

#### An open discussion Q&A

#### A Frank Discussion about Regret and Doubt for Transfolks

Contrary to what many transpeople put out into the world, many of us have had our doubts or second thoughts at one point or another. We don't want to let the outside world or even those earlier in the transition process discount our identities if we make these thoughts public.

#### Trans-modified: Society and Bodies

What does it mean to "pass?" This panel is geared towards deconstructing the notion of passing from a social science perspective, examining the matrix of influences/repercussions of passing and not-passing, as well as how passing has changed over time. Are these new standards of passing made available by new hormonal treatments and surgeries empowering or oppressive to the trans- community? We hope to examine the question of access to resources, and what individuals are able to obtain these procedures. Is this creating a greater class divide in the community? In addition what is the meaning and the politics of passing for the trans community? Is it necessary for trans-folks to pass in today's world?

#### M-to-F Top and Bottom Surgery: Indications, Options and Results

Breast augmentation options are discussed in detail including choices of implants, incisions, above or below muscle, and size. Details of our vaginoplasty technique are described including penile inversion, clitoral and vaginal construction and labiaplasty - all in one stage.

#### Electrolysis via Him to Her, Top to Bottom, Including GRS or SRS

Discussion of electrolysis by DC/Galvanic, HF (AC)/Thermolysis and by Blend. Tombstones (good) and inqrowns (bad). The importance of HRT and anti-androgens while going through the process of electrolysis. When to do The Blend or Flash Thermolysis. When you are about 6 to 9 months away from GRS/SRS your preps, ups & downs, the area of clearing, the technique used, type of current and post care. Some two (2) stages GRS need additional hair removal between stages.

#### Politics Within the Transgender Community

From its inception the transgender movement has been fragmented and often works at cross purposes with its political needs.

#### Effective Makeup Techniques

In this presentation we will focus on how to effectively create a passable feminine face. We will first learn how to apply foundation, followed by methods of concealing beard and dark areas. We will then progress to discussion of contouring the face and the proper placement of blush. We then progress to application of eye shadow and tricks to make applying eyeliner and mascara easier. Then we learn where and how to do your brows, and finally the application of lip liner and lipstick. Finally, we will cover tricks on how to make your makeup stay longer. Additionally we will cover how to take your passable day makeup to a dramatic evening look. During the class, we do a chart of the face showing what we did and where we applied the various articles of makeup to remind us later of how to duplicate the look we created.

#### The Bathroom Issue

The Bathroom Issue is not new to the TG community. We are merely the most recent minority to be subjected to exclusion from the mainstream by use of this tactic. This will be a workshop; we will be working together to explore and develop strategies directed toward the transformation and creation of gender neutral bathrooms. Our principal focus will be on the workplace and in educational facilities, although we will examine bathroom policies in the world of commerce as well. Our workshop will begin with a 20 minute video, called "Toilet Training", provided by the Sylvia Rivera Law Center in NYC. This will serve as a jumping off point for our discussion of the history and etiology of bathroom exclusion and how we may develop new and efficacious models that will serve us today.

#### Navigating Your Transition in a Kinky World

When we begin to transition, we often have to become reacquainted with our physical bodies, sexuality, personal identities and desires as they too can change. How do we navigate these changes? How do we explore our changing bodies and kink safely? How do we handle "men-only" or "women-only" designated spaces? Will I be comfortable in a pansexual space? Will I be accepted by the kinky community? What do we need from our kink groups and clubs? Attendees will leave this workshop with a understanding of BDSM/kink terminology, suggestions for approaching people you want to play with, how to safely explore your changing desires, ideas for managing women/men-only play spaces and how to find your place within the pansexual kink community.

#### Face Contouring: Latest Practices in Non-Surgical Facelift and Post-Surgical FFS Recovery

Learn about the latest technological advances in non-invasive face therapies that can erase years and stress from your face, eyes and neck. Also learn how these technologies will help you heal faster and better after your facial feminization surgery. A live treatment demonstration will be featured in the workshop, and will conclude with learning hands-on daily facelift massage techniques that you can do yourself to achieve a firmer and more toned appearance.

#### The End of Stealth

Is there any ability to change one's name and gender and not leave a paper trail for the world to see? Is living "stealth" a practice of yesteryear? Discuss the policy concerns behind the alarming trend of disclosure, the ways in which transgender people's private information is increasingly vulnerable, and the possibilities for protecting yourself from disclosure.

#### Out on the Town

The focus of my presentation would be provide useful information concerning how to go out on the town safely. How to select the safest places to go. How to present yourself so that you minimize your risk. How to handle problems when they do occur. How to keep your self secure and safe after you have been out on the town- i.e. giving out information and your potential security risks. Also would discuss proper dress and presentation. How to make the best impression to non Trans knowledgeable people, and what do they typically want to know about us.

#### Yin and Yang: Finding Balance in Your "T-ness"

Keeping it seems almost impossible. How can you prevent your "Tness" from becoming an all-consuming poison pill in your life? In your relationships? In your career? This unique and popular workshop will provide some enlightening thoughts and healthy strategies to consider.

#### Making a Successful Transition at Work

Covering the most important (and often overlooked) considerations in preparing to make a successful gender transition on the job, topics will include the creation of a feasible transition timeline with your employer, health insurance coverage, tips for approaching key figures (e.g., HR, department head, supervisor, etc.), and which aspects of the transition (such as rest room usage, performance, policy changes, etc.) should be discussed with whom. Also included will be tips on preparing the announcement(s) to staff (verbal and/or written), employee information sessions, as well as a discussion of strategies for coming out in a variety of working environments.

#### Coping With Wives' Top Ten Fears About Crossdressing, Or, What to Say When You Get Caught

No one prepares a woman for the possibility that her husband or lover is a cross-dresser. How the cross-dresser deals with his wife's beliefs when she finds out about his dressing will very much determine the future course of their relationship. A cross-dresser wants nothing more than he wants acceptance, tough to achieve when the woman he loves and needs is crazy with emotion and misinformed accusations. This presentation examines the top ten fears wives of cross-dressers have, ranging from "You're gay" and "It's just a phase" to "Does this mean I'm a lesbian?" and "Did I cause this?" and offers suggestions of how to cope.

#### Being Trans and Aging: A Workshop for and Their Allies

An interactive discussion among participants and the facilitator on both the practical and mundane issues related to aging and the emotional, psychosocial, spiritual issues related to aging. Discussion will touch upon the unique challenges faced by those who came out and/or transitioned years ago, and for those who have come out and/or transitioned during their senior years. The goal is to assist those participants in valuing and honoring the aging process and to embrace the aging process proactively and effectively.

#### Overcoming the Fears of Love and Sex

This is not a clinical workshop, but one where we will have a frank discussion about love, sex and intimacy. It is the hope that through this workshop, transgender people can learn to overcome the fear of being close to another person. Be warned, we will be discussing very intimate details about love and sex. Come prepared to either open up to the group, or hear others as they open up to us.

#### Thriving in Relationships with Gender Variant People

In this interpersonal group process for female partners of MTF gender-variant people, participants will have the opportunity to get acquainted, tell their stories, and share the strength, hope, and strategies that have helped them to heal, cope, and move into the experience of thriving in their unique relationships. This participant centered discussion for those who have recently been introduced to gender variance as well as "old timers" will be facilitated by a psychologist who has worked in the trans community since 1994. Dr. Erhardt is the author of "Head Over Heels: Women Who Stay with Cross-dressers and Transsexuals".

#### Moving Beyond Gender Identity Disorder (GID):Creating a New Paradigm for Transgender Health Care

Gender Identity Disorder is viewed both as a necessary diagnosis and an as a source of stigma for transgender people. This presentation will review the history of the GID, discuss the pathologizing of gender variance and offer a new paradigm for providing the full compliment of health care services to transgender people regardless how one self-identifies.

#### Transitioning and Staying Married

This seminar will share the processes we discovered to work our way through the minefield of transitioning and staying in a marriage relationship.